

A close-up photograph of a student's torso and hands. The student is wearing a light blue denim jacket over a white t-shirt. The t-shirt has several small, red, watermelon-shaped patches with black seeds. A gold chain necklace with a small pendant is visible at the top. The student is holding a stack of three books: a red one at the bottom, a white one in the middle, and a purple one on top. A grey backpack strap is visible across the chest. The background is a plain, light-colored wall.

Upper Merion Area School District

New Student Welcome Packet

COVID-19

Due to the ever-changing status of COVID-19, the information provided in this packet may have been altered.

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Contact Information

Upper Merion Area School District Resources

District Website:

umasd.org

Viking Channel:

umasd.org -> "Departments" -> "Viking Channel Online"

UMASD School Board Meetings:

umasd.org -> "About Us" -> "School Board"

Central Administration Office:

(610)-205-6400

Press 3, Press 0

District Twitter Account

@UpperMerionSD

@DrToleno



Contact Information

Upper Merion Area High School

High School Main Desk

(610)-205-6400
Press 3, Press 2

Administration

Jonathan Bauer- Principal
jbauer@umasd.org

Shannon Newhard- Assistant Principal
snewhard@umasd.org

Victor Brown- Assistant Principal
vibrown@umasd.org

Counseling

Erik Enters
eenters@umasd.org

Patricia Brower
pbrower@umasd.org

Allison Lowry
alowry@umasd.org

Kim Jackson
kjackson@umasd.org

Nicole Miller
nmiller@umasd.org

Contact Information

Upper Merion Area Middle School

Middle School Main Desk

(610)-205-6400

Press 3, Press 3

Administration

Adam Slavin- Principal

aslavin@umasd.org

Eric Erb- Lower House Assistant Principal

eerb@umasd.org

Dr. Iris Rolon- Upper House Assistant Principal

irolon@umasd.org

Counseling

Mandi Donahue- Grade 5

adonahue@umasd.org

Dave Burns- Grade 6

dburns@umasd.org

Kim Corbi- Grade 7

kcorbi@umasd.org

Kara Howell- Grade 8

khowell@umasd.org

Contact Information

Bridgeport Elementary School

Bridgeport Main Desk

(610)-205-6400
Press 3, Press 4

Administration

Tim Bickhart- Principal
tbickhart@umasd.org

Counseling

Jessica Vicente
jvicente2umasd.org

Caley Elementary School

Caley Main Desk

(610)-205-6400
Press 3, Press 5

Administration

Steven Van Mater- Principal
svmater@umasd.org

Counseling

Barbara Micucci
bmicucci@umasd.org

Contact Information

Candlebrook Elementary School

Candlebrook Main Desk

(610)-205-6400
Press 3, Press 6

Administration

Frank McCartney- Principal
fmccartney@umasd.org

Counseling

Steffany Yacovetti
syacovetti@umasd.org

Gulph Elementary School

Gulph Main Desk

(610)-205-6400
Press 3, Press 0

Administration

Dr. Carole Hoy- Principal
choy@umasd.org

Counseling

Melissa Besz
mbesz@umasd.org

Contact Information

Roberts Elementary School

Roberts Main Desk

(610)-205-6400

Press 3, Press 7

Administration

Dr. Anthony Grazel- Principal

agrazel@umasd.org

Counseling

Kelly Gallagher

kgallagher@umasd.org



School Lunch

Applying for a School Lunch

All families may fill out the online application for the Free or Reduced Meal Program.

1. Please go to www.schoolcafe.com.
2. Select your language from the top right-hand corner.
3. *Write down your username and password in a safe place!*
4. Be sure to correctly indicate if income is weekly, biweekly, or monthly.
5. Submit the online application.
6. Check your email in 1-2 days to find out if your family qualifies for the free or reduced meal program.

School Cafe Account

School Cafe is where you can put money into your students' food service account that can be used for meals and snacks. You can also see what your student is purchasing and set restrictions there.

1. Please go to www.schoolcafe.com.
2. Select your language from the top right-hand corner.
3. *Write down your username and password in a safe place!*

Accessing Schoology and Sapphire

Schoology Access

Schoology is where all parents can get information about homework and class assignments for students in the Middle School and High School only.

Schoology can be accessed at schoology.com or the Schoology app on your phone.

To Get a Schoology Parent Access Code and Account:

1. Go to www.umasd.org/schoology
2. Scroll down to the bottom of the page and complete to form.
3. In 1-3 days, check your email for your PIN number.
4. When you have your parent access code, go to: <http://www.schoology.com>.
5. Click the **Sign Up** button in the top right corner.
6. Select the **Parent** button.
7. Enter the access code you received, and click **Continue**.

Enter YOUR OWN name and email (not the student's) and choose a password.

To Add Additional Children to Your Account:

1. Click on the downfacing arrow on the top right of the Schoology account.
2. Select the option to **+Add Child**.
3. Enter the Parent Access Code for the child you'd like to add to your account.

Accessing Schoology and Sapphire

Sapphire Access

Sapphire allows parents and legal guardians to check their child's grades and attendance. Currently, Sapphire can only show grades for Upper Merion Area Middle School and High School students.

However, attendance records are accessible for elementary students.

You are encouraged to create a parent account to view grades and attendance. You do NOT have to create a new login every year. You create one account for ALL students.

To Get a Parent Sapphire Account Pin

1. Go to www.umasd.org/mygrades
2. Make sure the popup blocker is turned off.
3. Click on the link, "Create a Web Portal account"
4. Enter this district keyword. 
5. Read the Sapphire Community Portal User Agreement, check "Yes" if you agree, and then click "Continue".
6. Complete the online application.
7. Complete your username and password information. The Upper Merion Area School District does not manage usernames and passwords. If you forget your password, the system will automatically reset your password, if you request it, based on your security question.

Once you have submitted your application, **print out the application**, and sign it.

Accessing Schoology and Sapphire

To Get a Parent Sapphire Account Pin

ATTENTION: PROCEDURES BELOW ARE NEW DUE TO COVID-19 CLOSURES

Please email a scan or photo of the SIGNED application to:
sapphirepp@umasd.org. If you cannot email, you may:

1. bring the printed and signed application form to the Upper Merion Area Middle School where there is a lockbox inside the front door reception area.
2. Mail the printed and signed application form to:

UMASD Parent Portal
% Barbara Popek
450 Keebler Road
King of Prussia, PA 19406

Check your email in 1-4 days to get your PIN number. If you did not receive your email, please check your spam folder.

Obtaining Internet Access

If your home does not have internet access, please let your counselor know as soon as possible. Your counselor will be able to speak with teachers about a fair and reasonable way for your child/children to complete homework.

Your counselor may also connect you with a district social worker who may be able to help get you affordable internet.

Comcast Internet Essentials

Comcast Internet Essentials is a low-cost internet option available in the Upper Merion Area School District.

Your family may be eligible for the service if:

- Are eligible for public assistance programs such as the National School Lunch Program, Housing Assistance, Medicaid, SNAP, SSI, and others.
- Have not been a Xfinity Internet customer for 90 days.
- Do not currently have the internet.
- Do not owe money to Xfinity Internet from the past year.

To apply for Comcast Internet Essentials, please go to:

apply.internetessentials.com/

Registering for PIAA Sports

A variety of PIAA Fall, Winter, and Spring sports are available at the Middle School and High School.

Registering for Middle and High School Sports

To register for High School AND Middle School PIAA sports you must complete an online registration form and upload a PIAA Physical Form (physicals must be done after May 31st for the upcoming school year).

1. Go to umasd2.atsusers.com
2. Use **new** for the username and password.
3. Fill out the information in the yellow tabs.
4. Be sure to fill out all 6 tabs of information!
 1. INSURANCE
 1. If you do not have insurance, please mark “No Primary Insurance” under the Insurance tab.
 2. FORMS
 1. Use the drop down menu to select each form. Click “new.” Sign your name in each of the required boxes.
 3. FILES
 1. Download the physical form and bring it to a doctor to complete. Please see resources below for a list of doctors.
 2. Take a picture of the completed and signed physical form.
 3. Upload it to the FILES tab.
5. You must click “Save” at the bottom of the Contact tab!

Registering for PIAA Sports

A variety of PIAA Fall, Winter, and Spring sports are available at the Middle School and High School.

Completing a PIAA Physical Form

Bring your printed copy of the physical form with you. If you cannot print, please email your athletic director so that he/she may send the document home with your student.

1. Where to complete your PIAA physical:
 1. Your family physician/doctor
 2. Upper Merion Area High School offers afterschool physical appointments in the Nurse's Office in June. Please contact your athletic director to sign-up and cost information.
 3. Most Minute Clinics.



Registering for PIAA Sports

High School Sports

Athletic Director: Mike Fabrizio, mfabrizio@umasd.org

Information Website: uppermerionvikings.org

Fall	Winter	Spring
Cheerleading Cross Country Field Hockey Football Golf Soccer Tennis Volleyball Waterpolo	Basketball Competitive Spirit Indoor Track Swimming Unified Bocce Wrestling	Basketball Crew Lacrosse Softball Tennis Track Unified Track & Field

Middle School Sports

Athletic Director: Joy Feliciano, jfeliciano@umasd.org

Information Website: <https://www.umasd.org/site/Default.aspx?PageID=5796>

Fall	Winter	Spring
Football Boys Soccer Girls Soccer Field Hockey Volleyball Cross Country Cheerleading	Boys Basketball Girls Basketball Wrestling	Baseball Softball Boys Lacrosse Girls Lacrosse Track Crew

Work Permits

All minors (students under 18 years old) must have a work permit in order to be employed.

During the school year, minors may not work more than 18 hours Monday-Friday during a school week. Minors may not work more than 40 hours a week when school is not in session.

14-15 year olds may not work more than 3 hours on a school day or 8 hours on a non-school day. They may not work before 7am or after 7pm on a school day or after 9pm on a non-school day.

16-17 year olds may not work more than 28 hours during the school week (Monday-Friday) while school is in session. They are permitted to work until 12 midnight on school days. When school is not in session, they may work 40 hours per week and until 1 am.

Requesting a Work Permit

1. Parents must bring valid identification (photo not required) that shows the parent name and current address.
2. A parent or legal guardian must come to the High School during normal school hours (7:30am- 2:21pm).

*During the COVID-19 school closure, work permits may only be picked up on Thursdays from 11:00am- 1:00pm. Please call the high school front desk at 610-205-6400 *Press 3 *Press 2 in order to confirm pick up time before arriving at the high school.*

3. Let the front desk secretary know that you would like to pick up a work permit for your student.
4. You will be brought to the appropriate secretary to help you obtain the work permit.

Being Involved

Upper Merion Area School District fosters an environment for success due in large part to the strong relationship established between the schools and the community. The Elementary Handbook represents one of the many methods the school district employs to inform an important part of the community - parents and guardians - about our schools.

Educational research indicates that parental interest and involvement in school activities have a positive effect on their children's achievements. As parents and guardians, your attitudes and actions help your children learn better, know more, perform well in school, function better in society, and develop a positive attitude about learning.

We invite and encourage your participation in the educational growth of your children. This handbook, which provides an overview of the district's elementary curriculum and explains basic operating procedures and policies, is a starting point. Additional opportunities to become more aware of, and make contributions to, your children's education come from visits to their schools and involvement in organizations for parents. As always, home-school relationships are an essential building block for the knowledge, skills, and attitudes children need to develop their full potential as adults.

Finally, a significant source of reinforcement parents and guardians can draw upon is their school principal, as he or she sets the school's educational tone. By keeping current with the new ideas and experiences that comprise their children's school day, parents can continue to nurture their children's education in the most critical classroom of all - the home.

Being Involved

Translation Services

Parents who are not proficient in English have the opportunity to have an interpreter provided by the district to assist them in understanding at meetings, including Parent/Teacher Conferences, IEP meetings, registration meetings, phone calls home. In order to request an interpreter, please reach out to the building ESL teacher, as listed below:

Bridgeport Elementary	Rebecca Hutchinson	rhutchinson@umasd.org
	Tyler Triolo	ttriolo@umasd.org
Caley Elementary	Kate Sawyer	ksawyer@umasd.org
Candlebrook Elementary	Jennifer Wert	jwert@umasd.org
Gulph Elementary	Susan Kelly	skelly@umasd.org
Roberts Elementary	Jennifer Wert	jwert@umasd.org
Middle School	Angela Della Valle	adellavalle@umasd.org
	Christine Salgueiro	csalgueiro@umasd.org
	Laura Verges	lverges@umasd.org
High School	Katie Nagy	knagy@umasd.org
	Daryl Schumacher	dschumacher@umasd.org
UMASD, Bilingual Aide	Jessie Riera	jriera@umasd.org

Being Involved

Report Card Distribution

Elementary School

Student progress is communicated to parents and guardians through a written progress report/personal conference format. Progress reports for grades kindergarten through 4 are issued in December, March, and June.

Middle School

Report cards are issued four times during the year. If students are doing poorly or are not completing assignments, an interim report is sent home halfway between report card periods. It is important to realize that interim reports are not final marks; grades can improve or decline after interim reports are issued.

High School

Grades are issued for each of the four quarters (grading or marking periods) of the school year. In addition, a letter grade for the final examination and the final letter grade for the course are reported at the same time as the grade for the fourth marking period.



Being Involved

Parent Teacher Conferences

Elementary Schools

Parent/teacher conferences are held shortly after the December and March report periods. Parent/teacher conferences are mandatory in December following the first trimester. Parents and guardians are encouraged to meet with their children's teachers, either at the scheduled conference sessions or another convenient time. Conferences offer a valuable opportunity to discuss students' academic progress, achievements, health, and activities. All grades K-8 will be utilizing the My Conference Time online scheduling system to arrange for parent/teacher conferences.

Middle School

Conferences for parents/guardians of students in grades five through eight are held regularly twice a year. Parents in grades five through eight may request a conference with an individual teacher or a team at any time. Parents should call the appropriate teacher to set up an appointment. All grades K-8 will be utilizing the My Conference Time online scheduling system to arrange for parent/teacher conferences.

High School

Conferences for parents/guardians of students in grades nine through twelve are held regularly twice a year. Parents in grades nine through twelve may request a conference with an individual teacher or a team at any time. Parents should call the appropriate teacher to set up an appointment.

Being Involved

Clearances for Volunteers and Chaperones

If you volunteer in the Upper Merion Area School District, you need to be aware of the following information for the upcoming school year:

1. Volunteers will be required to obtain the PA Criminal History Clearance and the PA Child Abuse History Clearance; and
2. Volunteers will be required to obtain the PA FBI Federal Criminal History Report if they have not been a Pennsylvania resident for ten (10) consecutive years prior to the date of their volunteer application. If, however, you have resided in Pennsylvania for ten (10) or more consecutive years, you may complete the affidavit section of the Application; and
3. Upon submission of credentials to volunteer, all clearances must be dated no later than twelve (12) months prior the date of submission. Volunteers must renew clearances and affidavits every five (5) years from the date in which they were issued in order to remain in compliance.



Being Involved

FIRST/LAST STUDENT DAY
TEACHER INSERVICE DAY
ACADEMIC YEAR HOLIDAY
MAKE-UP DAY IF NECESSARY

UPPER MERION AREA SCHOOL DISTRICT 2020-2021 Student/Teacher Calendar

Attachment #12.A
02032020

July 2020							T-4		August 2020					S-1		T-19		September 2020					S-19		
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S					
1 2 3 4							2	3	4	5	6	7	1/8	1 2 3 4 5											
5	6	7	8	9	10	11	9	10	11	12	13	14	15	6	7	8	9	10	11	12					
12	13	14	15	16	17	18	16	17	18	19	20	21	22	13	14	15	16	17	18	19					
19	20	21	22	23	24	25	23	24	25	26	27	28	29	20	21	22	23	24	25	26					
26	27	28	29	30	31		30	31						27	28	29	30								
T-22		October 2020				S-22		T-19		November 2020					S-18		T-17		December 2020					S-16	
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S					
1 2 3							1	2	3	4	5	6	7	1 2 3 4 5											
4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12					
11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19					
18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26					
25	26	27	28	29	30	31	29	30						27	28	29	30	31							
T-19		January 2021				S-19		T-19		February 2021					S-17		T-20		March 2021					S-20	
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S					
1 2							1 2 3 4 5 6							1 2 3 4 5 6											
3	4	5	6	7	8	9	7	8	9	10	11	12	13	7	8	9	10	11	12	13					
10	11	12	13	14	15	16	14	15	16	17	18	19	20	14	15	16	17	18	19	20					
17	18	19	20	21	22	23	21	22	23	24	25	26	27	21	22	23	24	25	26	27					
24/31	25	26	27	28	29	30	28							28	29	30	31								
T-20		April 2021				S-19		T-20		May 2021					S-19		T-11		June 2021					S-11	
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S					
1 2 3							2	3	4	5	6	7	1/8	1 2 3 4 5											
4	5	6	7	8	9	10	9	10	11	12	13	14	15	6	7	8	9	10	11	12					
11	12	13	14	15	16	17	16	17	18	19	20	21	22	13	14	15	16	17	18	19					
18	19	20	21	22	23	24	23	24	25	26	27	28	29	20	21	22	23	24	25	26					
25	26	27	28	29	30		30	31						27	28	29	30								

August 24,25,26 Teacher Inservice Days
September 4 No School
August 31 First Student Day
September 7 Holiday (Labor Day)
September 28 Holiday (Yom Kippur)
November 3 Teacher Inservice Day
November 26,27 Holidays (Thanksgiving)
December 23 Inservice/Flex Opportunity
Dec 24-Jan 1 Winter Break
January 1 Holiday (New Year's Day)
January 18 Holiday (MLK, Jr. Day, Observed)
February 11 Teacher Inservice Day
February 12 Inservice/Flex Opportunity
February 15 Holiday (President's Day)
March 29-April 2 Spring Break
April 5 Inservice/Flex Opportunity
May 18 Teacher Inservice Day
May 31 Holiday (Memorial Day)
June 15 Last Student Day

First Student Day
Last Student Day
Total Student Days

August 31
June 15
181

First Teacher Day
Last Teacher Day
Total Teacher Days

August 24
June 15
190

Emergency Closure Make-Up Days: Beginning on the first day classes are cancelled: Wednesday, June 16; Thursday, June 17; Friday, June 18; Monday, March 29; Tuesday, March 30

Teacher Required In-Service: August 24-26, November 3, February 11, May 18
Teacher Flex Opportunities: December 23, February 12, April 5

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YMCA	60

Community Resources

Access Services

Access Services

500 Office Center Dr., Suite 100

Fort Washington, PA 19034

800-793-2150

215-540-2150

Website: www.accessservices.org

760 Constitution Dr., Suite 14

Exton, PA 19341

484-348-6392

Email: chescolife@accessservices.org

Plymouth Meeting: 610-397-0617

715 Twining Rd., Suite 300

Dresher, PA 19025

215-690-0886

7 Neshaminy Interplex, Suite 209

Trevose, PA 19053

215-344-8484

Emergency Services

Mobile Crisis Support

Intellectual Disabilities and Autism

Community Homes

Life/Community-

Based Day Program

Respite Services

In-Home Supports

Lifesharing

Supported Living

Adult Mental Health

Bucks County Mobile

Psych Rehab

Justice Related Services

Mental Health

Wellness Center

Homeless Street Outreach

Mobile Crisis Support

Peer Support Talk Line

Starting Point Program

Respite Services

Transition to Independence Program – TIP

Child and Family Services

Behavioral Health

Rehabilitation Services

Bucks County LIFE Program

Chester County LIFE Program

Foster Care Program

Hope 4 Tomorrow

Rebound/ Truancy

Respite Services

Teen Talk Line

Tutoring/ Mentoring

Youth Outdoor Expedition

Transition Age Services

Respite Services

Transition to Independence Program – TIP

Foster Care/Host Family

Foster Care Program

Lifesharing

Respite Services

Community Resources

ACLAMO

Nelly Jimenez-Arevalo
610-277-2570
Executive Director
Email: nellja@aclamo.org

Margarita Contreras
Director of Social Services
Email: margarita@aclamo.org

512 W. Marshall St.
Norristown, PA 19401
Website: www.aclamo.org

Pottstown:
515 Walnut St.
Pottstown, PA 19464
610-970-2134

ACLAMO Family Centers, a charitable, non-profit 501(c)(3) organization, provides educational programs, social services and health access to Latino and other low income residents by empowering them to succeed and become productive members of society.

Programs

Social Services:

provide information and referral on health, housing, citizenship, etc. and act as a liaison between families and schools.

Family Literacy Program:

Adults and Preschoolers participate in a program which offers early childhood education, adult literacy, parenting education and interactive parent/child activities.

The Summer Bridge Program provides academic enrichment through workshops, field trips to zoos, nature centers, etc,

After School & Summer Programs:

Up to 50 students are offered homework assistance, tutoring & play activities.

Health Literacy

Community Resources

CADCOM

Rick Beaton 610-277-6363

Executive Director

Website: www.cadcom.org

Luis Rodriguez ext. 140

113 E. Main St.

Norristown, PA 19401

Email: lrodriguez@cadcom.org

CADCOM mobilizes the human and financial resources of Montgomery County by initiating, developing and administering community and economic development programs designed to provide the tools needed to achieve self-sufficiency.

Programs and Services

Energy

Financial

Food

Fatherhood Initiative

Crisis Services

Emergency Utility Management Services

Supplemental Nutrition Assistance Program

Emergency Food Program

LIHEAP Crisis

Community Resources

Calvary Baptist Church

801 W. Marshall St.

Norristown, PA 19401

Interim Pastor – David Knipel

610-277-4322

Website: www.calvarynorristown.org

Services:

Free Meal Program on Mondays from 11:30 am to 12:30 pm

Bilingual Worship Sundays 10:30 am

Community Resources

Carson Valley Children's Aid

Bethany Smith 610-279-2755 ext. 350

Director, Parents as Teachers

Email: bsmith@cvca-pa.org

1314 DeKalb St.

Norristown, PA 19401

Zinnia Ramos, PAT Supervisor

Email: zramos@cvca-pa.org

Ivelisse Vazquez, PAT Recruiter ext. 268

Email: ivazquez@cvca-pa.org

Parents As Teachers Program

The Norristown Family Center's Parents as Teachers program is completely voluntary and available to all families with children 0-5 living within the Norristown Area School District. There are no income requirements. Parents As Teachers Program is also available for pregnant mothers. It is provided at no cost to the families. The Parents as Teachers Model is based on the belief that parents are their child's first and most influential teachers.

What we offer:

Confidential in-home or office visits to discuss child development and child rearing issues.

Developmental Screening

Links to all kinds of community resources, programs and people.

Group meetings with other parents of young children on selected subjects such as behavior management, toilet training, play materials, etc.

Fun family events throughout the year.

Monthly Bilingual Playgroup for children 3-5 years old and activities to develop the necessary skills for kindergarten.

Free Reading is Fundamental New books for kids

Julie O'Connor Norristown Family Center Director 610-279-2755 ext. 372

Adoption Services

Foster Family Care

Norristown Family Center

o Fatherhood Initiative

o Parenting Education

Community Resources

CAST (Community Alliance for a Safer Tomorrow)

Susan Shelton

Community Mobilizer cell 610-304-5533

435 Crossfield Rd.

King of Prussia, PA 19406

Email: sshelton@umasd.org

610-205-3855

Website: www.umacast.org

Services:

Strengthening Families 10-14

Staying Connected with your Teen

Guiding Good Choices

Love & Logic

Positive Action

Qualifiers:

Must be a resident of the Upper Merion Area (Upper Merion Township, Bridgeport, and West Conshohocken)

Community Resources

Catholic Social Services

353 E. Johnson Hwy.
Norristown, PA 19401

Website: www.cssphiladelphia.org

610-279-7372

Spanish Speakers:

Sister Doris Morales

Catholic Social Services (CSS) of Montgomery County is a multi-service center, serving the most vulnerable populations in Norristown, PA, and the wider Montgomery County community. We offer a variety of services designed to strengthen families and communities, and help those in need move towards a better life. Among these are: bilingual prenatal and parenting support, a diaper bank, job readiness assistance, healthy cooking workshops, veterans services, a monthly senior group, and the largest choice-market food pantry in Montgomery County, Martha's Choice Marketplace. CSS also offers an accessible bridge to other local social services and resources.

Services Provided:

Choice Food Cupboard

Parenting Groups (English and Spanish)

Case Management

Pregnancy counseling

Adoption services

Immigration services

Diaper bank

Job readiness assistance

Community Resources

Children's Crisis Treatment Center

502 West Germantown Pike
East Norriton, PA 19403

Phone: 610-275-2020

Website: <http://cctckids.org/programs-services/in-montgomery-county/>

Email: information@cctckids.org

Children's Crisis Treatment Center (CCTC) is a private non-profit agency that specializes in delivering behavioral health services to Philadelphia's children and their families. We are dedicated to addressing the impact of child abuse, neglect, traumatic events, and other challenges to early childhood development, and to assisting children in reaching their full potential within their homes, community and society. CCTC offers Trauma Services Program, Outpatient therapy, Family-Based Services, and Blended Case Management. Spanish-speaking therapists are available.

CCATE - CENTRO DE CULTURA, ARTE, TRABAJO, Y EDUCACION (Center for Culture, Art, Training, and Education)

Obed Arango 484-685-3633
Executive Director
Email: obed@ccate.org

208 DeKalb St. - 3rd Floor
Norristown, PA 19401

Website: www.ccate.org
Email: contact@ccate.org

Our mission is to empower the Hispanic community through the promotion of Culture, Art, Education and Work Training. CCATE embraces these four key sectors for a successful community.

Community Resources

Central Behavioral Health

Abigail Arellano 610-279-9270 option 6
1201 DeKalb St.
Norristown, PA 19401
Website: www.centralbh.org

Central Behavioral Health is a private, non-profit, charitable, multi-service behavioral health facility dedicated to helping people of all ages improve their emotional and behavioral health, develop resiliency, and achieve personal fulfillment.

Services:

Adults

Transition to Independence Process (TIP)
Intensive Outpatient Program (IOP)
Certified Peer Specialist (CPS)
Clinical Wellness Recovery Team (CWRT)
Dialectical Behavior Therapy Program (DBT)
Recovery Coaching & Case Management

Children and Adolescents

Extended Assessment
Case Management
Transition to Independence Process (TIP)
Outpatient

Families

Behavioral Health Rehabilitation Services (BHRS)
Family Based Services (FBS)
Outpatient

Seniors

Case Management
Senior Outreach Services (SOS)
OASIS Program

Community Resources

Community Impact Legal Services

Headquarters:
100 South Street,
Harrisburg, PA 17101

Offices also available in Chester County & Delaware County
1-800-967-9150

Housing problems:
610-876-0804

Website:
<https://www.pabar.org/public/probono/cils.asp>

CILS is a nonlegal services corporation organization, which was formed to provide unrestricted legal services in Bucks, Chester, Delaware, and Montgomery counties. The organization has an annual budget of \$450,000 and has a current staff of seven located in the cities of Chester and Coatesville.

CILS assists eligible clients with free legal services on a variety of important homeownership related issues, including consumer fraud, personal debt and predatory loan remediation. In addition to legal representation, advice and advocacy, CILS also works to educate the community, promoting sound financial choices and helping area residents avoid credit problems before they start.

Cradle of Hope

1657 The Fairway #140
Jenkintown, PA 19046
215-572-5937

Website: <https://www.cradleofhope.net/>

Cradle of Hope is a home for single mothers and their children. It offers housing and support services for up to 6 mothers and their children for up to 12 months in the greater Philadelphia area.

Who Is Eligible

Women ages 18 and over who are pregnant
Mother of children ages 0 - 24 months who are seeking housing

Community Resources

Early Learning Resource Center, Region 17

Headquarters:

100 South Street,
Harrisburg, PA 17101

Offices also available in Chester County & Delaware County
1-800-967-9150

Housing problems:
610-876-0804

Website:

<https://www.pabar.org/public/probono/cils.asp>

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Easter Seals

Betsi Strasser

215-368-7000

1161 Forty Foot Rd.

Kulpsville, PA 19443

Website: <http://sepa.easterseals.com>

Easter Seals serve the 5 counties in Southeastern Pennsylvania - Bucks, Montgomery, Chester, Delaware and Philadelphia – providing direct services to over 7,000 children with disabilities. Clients are challenged with a variety of disabilities including: brain damage, physical disabilities, spina bifida, muscular dystrophy, cerebral palsy, mental retardation, learning disabilities, genetic disorders, autism, hearing, vision and speech disorders and developmental delays.

Community Resources

Einstein Medical Center

Einstein Medical Center – Montgomery
559 W. Germantown Pike
East Norriton, PA 19403
484-622-1000
Website: www.einstein.edu

Opened in September 2012, the state-of-the-art facility developed by a partnership between Einstein Healthcare Network and Montgomery Hospital Medical Center provides an impressive array of healthcare services and clinical specialties, many of which are currently unavailable in the immediate area including:

State-of-the-art 24-hour emergency room care
Full-service maternity ward with neo-natal intensive care and advanced obstetrics for complex deliveries
Leading-edge cancer care with access to the most current clinical treatments
Advanced cardiac services, including open-heart surgery and electro-physiology labs
Convenient on-site access to primary care physicians and specialists
General and robotic surgery, including advanced surgical subspecialties such as minimally invasive, endovascular, bariatric, thoracic, colorectal and neurosurgery
Full orthopedic care and a comprehensive Joint Restoration Center
Community health and wellness programs

Esperanza Immigration Legal Services

Erick Barragan 215-324-0746 ext. 285
Legal Coordinator
Email: ebarragan@esperanza.us
4261 N. 5th St.
Philadelphia, PA 19140
Website: www.esperanza.us/eils

EILS provides direct legal services to low-income U.S. citizen and foreign-born individuals and their families needing assistance with immigration matters.

Services include:
Family reunification
Green card applications
Citizenship and naturalization
Assistance for victims of domestic violence
Assistance for victims of human trafficking
Visas for crime victims
Temporary protected status applications
Renewal of employment authorization

Community Resources

Family Mentor and Advocacy Network

1210 Stanbridge St., Suite 600
Norristown, PA 19401
267-850-5677

Family and Youth Mentors provide in-person support, including attending treatment, education, inter-agency, discharge, appeal and other team meetings to assist families in advocating for their child's and their family's needs, and also represents the family voice in state, county, community and provider advisory and policy groups. The Montgomery County Family Network advocates for families of children and teens with behavioral health concerns at the policy, program and person levels within Montgomery County and Pennsylvania. Our mission is to assure that policy, services and supports are driven by the needs of youth and families, and that youth and families have access to appropriate and effective options.

Family Services of Montgomery County

Kelly Canally-Brown 610-630-2111 ext. 232
Director of Programs & Services
Email: kbrown@fsmontco.org
3125 Ridge Pike
Eagleville, PA 19403
Website: www.fsmontco.org

Programs and Services:

For Children

Communities That Care (CTC)
Montgomery County Drug & Alcohol Prevention Project
Truancy Abatement Initiative

For Seniors

Chronic Care Management
In-home Counseling
Meals on Wheels
Project HEARTH
Service Coordination
Telephone Reassurance Program

For Families

Alternative Response Housing Initiative
Family Fun Events
Family Reunification
Fatherhood Program
Gear Up Family Engagement
Montgomery County Re-entry Initiative
NCTI Adult Crossroads
Parent Café
Parenting Inside Out (PIO)
Parents as Teachers (PAT)
Positive Parenting Program (Triple P)
Pottstown Early Action for Kindergarten
Readiness (PEAK)
Pottstown Family Center
Project HOPE
Strengthening Families Program 10-14
Transitional Support Program

Community Resources

Genesis Housing Corporation

1430 DeKalb St., Suite 2020

Norristown, PA 19401

610-275-4357

Website: www.geneshousing.org

Email: info@geneshousing.org

Genesis Housing Corporation is dedicated to the development of affordable housing, neighborhood revitalization and to the education of consumers on housing and financial issues. Since 1994, Genesis Housing Corporation has been a 501(c)(3) non-profit organization and a community housing development organization (CHDO). Our general activities include the rehabilitation and new construction of homes to improve and stabilize neighborhoods and to provide opportunities for lower income homebuyers to purchase homes at affordable prices. Genesis Housing Corporation also provides housing counseling and money management services.

Healing Word Ministries

P.O. Box 174 484-424-9HWM

Norristown, PA 19404

Website: www.healingwordmin.org

Email: healingword.ministries@yahoo.com

Healing Word Ministries exists to see lives changed through the love of Jesus. We want to serve our community by loving people and meeting their needs. Our mission is to be the hands and feet of Jesus by serving and loving our community. Our slogan is "find needs and fill them."

Programs:

StreetChurch – free community events held in various parks in Norristown where food and clothing is given away

The King's Wardrobe – clothing ministry for the needy

BeLoved – helping the sexually exploited

Community Resources

HIAS

2100 Arch St.
Philadelphia, PA 19103
215-832-0900
Website: www.hiaspa.org

HIAS Pennsylvania provides legal, resettlement, citizenship, and supportive services to immigrants, refugees, and asylum seekers from all backgrounds in order to ensure their fair treatment and full integration into American society. HIAS Pennsylvania advocates for just and inclusive practices.

HopeWorx

1210 Stanbridge St., Suite 600
Norristown, PA 19401
610-270-3685
Website: www.hopeworxinc.org
Email: sshannon@hopeworxinc.org

The mission of HopeWorx is to promote the continued development of a community environment which supports and believes in the expertise and passion of consumers to create and direct their own paths to health and recovery.

We provide resources and opportunities for people to advocate for themselves and to improve mental health services in Montgomery County for adults living with mental illness. We help individuals and their families learn what resources are available and how to access them, and we raise awareness of issues that affect our community through public outreach. We are part of the quality management system in the county, and we work within the system for change. Our peer-to-peer services include one on one advocacy support for people who use mental health services, people who are homeless, and people who have become involved in the criminal justice system because of mental illness. We also have built a community of our peers that provides opportunities for education, socializing, healthy eating, community service and more.

Community Resources

Inter-Faith Housing Alliance

31 S. Spring Garden St.
Ambler, PA 19002
215-628-2334
Email: office@i-fha.org
Website: www.i-fha.org

Inter-Faith Housing Alliance provides opportunities for families in our diverse community to achieve self-sufficiency by offering community-based programs designed to bridge homelessness and independence.

Inter-Faith Housing Alliance provides emergency and transitional shelter for families with children, emergency food relief, and intensive case management and supportive services.

Services:

Interfaith Hospitality Network
Hope Gardens
Hope Forest
Support Services (Intensive Case Management, Educational Life Skills Training, Basic Needs Program)
Aftercare
Food Cupboard

Food Cupboard 267-318-0607
1250 Easton Rd.
Roslyn, PA 19001
Email: foodcupboard@i-fha.org

Juntos

600 Washington Ave.
Philadelphia, PA 19147
215-218-9079
Website: www.vamosjuntos.org
Email: info@vamosjuntos.org

Juntos is a community-led, Latinx immigrant organization in South Philadelphia fighting for our human rights as workers, parents, youth, and immigrants. We believe that every human being has the right to a quality education and the freedom to live with dignity regardless of immigration status.

Community Resources

Justice At Work

990 Spring Garden St., Suite 300

Philadelphia, PA 19123

215-733-0878

Website: www.justiceatworklegalaid.org

We support low-wage workers as they pursue economic and social justice. We do this through the provision of Legal Services, Education, and Advocacy.

We provide direct legal services to:

Low wage immigrant workers throughout the state of Pennsylvania, with focus on farmworkers, mushroom workers, food processing workers and landscapers

Income-eligible groups or organizations, where individuals members are eligible clients.

We also provide community education, training and technical assistance to:

Social Service Providers

Legal Service Providers

Private Lawyers

Policymakers

Income guidelines: Generally we serve those whose income is at or below 125% of the federal poverty guidelines. We serve Pennsylvania residents or migrant workers who have been employed in Pennsylvania.

Other eligibility guidelines: We help workers from any industry, but we prioritize providing representation for migrant farmworkers, mushroom workers, and food processing workers who have employment-related claims or claims related to the client's status as a farmworker.

Special note:

We are able to represent workers regardless of immigration status because we have chosen not receive Legal Services Corporation (LSC) funding. Organizations that receive LSC funding are only able to represent certain categories of undocumented workers, and they are unable to engage in legislative and administrative advocacy. They are also precluded from bringing any class action litigation. We are also able to represent organizations whose members are eligible clients if the organization does not otherwise have resources for representation.

Community Resources

Keystone Opportunity Center

Arlene Daily
215-723-5430
Executive Director
104 Main St.
Souderton, PA 18964
Website: www.keystoneopportunity.org

The mission of Keystone Opportunity Center is to help community members in need by offering a comprehensive array of social services that educate, encourage and empower them to become self-sufficient.

Programs and Services:

Food Pantry (Fresh for All)

Housing

- Homelessness Prevention
- Permanent Housing
- Rapid Rehousing

Education

- E.S.L.
- Family Literacy
- G.E.D./HiSet
- Tutoring
- Civics

Community Resources

Laurel House

180 W. Germantown Pike, Suite 2
East Norriton, PA 19401
HOTLINE: 800-642-3150
610-277-1860
Website: www.laurel-house.org
Email: info@laurel-house.org

Laurel House is dedicated to the vision of ending domestic violence in each life, home and community. The mission of Laurel House is to:

Advocate for and empower those impacted by domestic violence by providing crisis intervention, safe haven, supportive programs and resources.

Advance social change through preventative education and through community training and collaboration to foster a coordinated response to domestic abuse.

Laurel House is a comprehensive domestic violence agency serving individuals, families and communities throughout Montgomery County, Pennsylvania. The agency's name was selected because of the beauty of the laurel, Pennsylvania's state flower. It represents a victory for people who have taken the courageous first step of reaching out to Laurel House in their efforts to build a violence-free life for themselves and their children.

Community Resources

Legal Aid of Southeastern PA

625 Swede St.
Norristown, PA 19401
Website: www.lasp.org
877-429-5994
610-275-5400
Intake: Monday, Wednesday, Friday,
1:30 pm - 3:45 pm

Michael Kelley
Email: mkelley@lasp.org
933 N. Charlotte St.
Suite 2A
Pottstown, PA 19464
610-326-8280
Intake: Thursday, 1:30 pm – 4:00 pm

Catherine Guido
Email: cguido@lasp.org

LASP provides quality legal representation to low-income and vulnerable people, in Bucks, Chester, Delaware and Montgomery County, to empower them to solve problems without legal representation through legal education and increased access to the courts, and to change community practices and systems that cause or aggravate poverty. Outreach locations in Lansdale and Willow Grove. Now offering online intakes!

Literacy Council of Norristown

113 E. Airy St.
Norristown, PA 19401
610-292-8515
Website: www.lcnlit.org
Email: info@lcnlit.org

The Literacy Council of Norristown's vision is to improve lives through literacy. We do this by providing one-on-one tutoring in adult basic education, high school equivalency exam preparation, and English for speakers of other languages (ESOL). We also provide ESOL classes in three levels: beginner, intermediate, and advanced.

Community Resources

Manna on Main

606 E. Main St.
Lansdale, PA 19446
215-855-5454
Website: www.mannaonmain.org
Email: manna@mannaonmain.org

Manna on Main Street is committed to ending hunger in the North Penn region by providing food, fulfilling social service and education needs, and conducting community outreach. Through a food pantry and soup kitchen, emergency financial aid, counseling and referrals, and education opportunities, we serve those in need with the hope "that everyone might be fed."

Programs:

Manna's Kitchen
Manna's Market
Emergency Financial Aid
Keeping Friends Cool
Common Grounds Education Program
Getting Ahead
Holiday Help
Back to School

Maternity Care Coalition

401 DeKalb St., Suite 300
Norristown, PA 19401
215-972-0700
Website: www.maternitycarecoalition.org

Since 1980, Maternity Care Coalition has assisted more than 100,000 families throughout Southeastern Pennsylvania, focusing particularly on neighborhoods with high rates of poverty, infant mortality, health disparities, and changing immigration patterns. We know a family's needs change as they go through the pregnancy and their child's first years and we offer a range of services and programs for every step along the way.

The mission of Maternity Care Coalition is to improve the health and well-being of pregnant women and parenting families, and enhance school readiness for children 0-3.

Community Resources

Mexican Consulate

Consulate of Mexico in Philadelphia
111 S. Independence Mall East
The Bourse Building, Suite 310
Philadelphia, PA, 19106
215-923-8384
Website: <http://consulmex.sre.gob.mx/filadelfia>
Email: confiladelfia@sre.gob.mx

Mission Kids

180 W. Germantown Pike, Suite 1
East Norriton, PA 19401
484-687-2990
Website: www.missionkidscac.org
Email: info@missionkidscac.org

Our mission is achieving healing and justice for victims of child abuse by providing collaborative services, advocacy, leadership, and education.

Mission Kids offers a comprehensive, centrally located, multidisciplinary team response to allegations of child abuse in a dedicated, child-friendly setting to achieve justice for child victims and promote their physical and emotional well-being.

Mission Kids is a non-profit, 501(c)(3) organization providing multidisciplinary care to alleged victims of sexual and physical abuse. Mission Kids joins a nationwide network of child-focused care facilities designed in accordance with standards established by the National Children's Alliance and the U.S. Department of Justice. Our ultimate goal is to provide a broad range of support services to child victims and their caregivers in an environment that encourages healing and facilitates better prosecution of alleged offenders.

Mission Kids provides:

A safe, child-sensitive place for young victims of child sexual abuse or serious physical abuse.

Collaborative team investigation that reduces the number of interviews a child victim is subjected to during the initial investigative process.

Coordination of prosecutors, law enforcement officials, social service and medical professionals specifically trained to support and protect children throughout the entire legal process and beyond.

Appropriate referrals for child-specific medical services designed to reduce the trauma associated with physical examination required in abuse cases.

Appropriate referrals for therapeutic services for child victims and their families.

Community Resources

Mobile Crisis

Main Office:

Office Center Drive, Suite 100

Fort Washington, PA 19034-3234

HOTLINE: **1-855-634-HOPE (4673)**

Website:

<https://www.montcopa.org/2064/Crisis-Services>

Crisis is not simply the moment when things become intolerable. Crises build over time, and often can be recognized and managed in advance.

*Montgomery County Mobile Crisis provides not only immediate support for crisis situations, but also assistance with managing recurring or future crises. Support is available 24 hours a day, 7 days a week at **1-855-634-HOPE (4673)**. This service is available to anyone in Montgomery County, including children, teens, adults, and families.*

Montgomery Child Advocacy Project (MCAP)

409 Cherry St.

Norristown, PA 19401

610-279-1219

Website: www.mcapkids.org

Montgomery Child Advocacy Project's (MCAP) mission is to end and prevent child abuse and neglect in Montgomery County through legal services, advocacy, and education.

Community Resources

Montgomery County Anti-Human Trafficking Coalition (MCAT)

180 W. Germantown Pike, Suite 2
East Norriton, PA 19401
484-606-MCAT
Website: www.mcatpa.org
Email: info@mcatpa.org

Our mission is to educate people in our county on human trafficking, both forced labor and sex trafficking, to increase awareness and foster prevention. Our vision is to abolish human trafficking in our county by educating our communities and mobilizing them to take action against modern slavery.

Education

We educate community members, service providers, professionals, and organizations about the prevalence of local, national, and global human trafficking and sexual exploitation.

Awareness

We are building a community network to identify signs of trafficking and equipping them to take action.

Prevention

1. By identifying at-risk populations and seeking to strengthen local efforts that provide opportunities to educate, empower, and protect the vulnerable individuals and families.
2. By acknowledging and establishing efforts to reduce the demand in our culture's sex industry.

Montgomery Anti-Hunger Network

Website: www.montcoantihunger.org

MontCo Anti-Hunger Network (MAHN) is an inclusive alliance of emergency food providers maximizing the acquisition and distribution of nutritious food to those in need. In conjunction with coalition building, best practice education, and advocacy, MAHN is strengthening the network supporting Montgomery County's response to hunger.

Visit our website for more food pantry and soup kitchen schedules!

Community Resources

Montgomery County Community College

340 DeKalb Pike
Blue Bell, PA 19422
Website: www.mc3.edu
Admissions Department
215-641-6551
Email: admissions@mc3.edu

Montgomery County Community College offers a variety of degrees and certificates in numerous academic programs.

Montgomery County Emergency Services (MCES)

50 Beech Dr.
Norristown, PA 19401
610-279-6100
Website: www.mces.org
Email: mail@mces.org

MCES is a nonprofit behavioral health emergency service that meets the needs of persons experiencing a psychiatric emergency or serious mental health crisis in Montgomery County and adjacent communities on a 24/7 basis.

MCES offers a crisis hot line, walk-in crisis center, acute inpatient psychiatric care, crisis residential program, and psychiatric emergency medical service (EMS). MCES also provides mental health crisis intervention education and suicide prevention programming.

Inpatient Program
Outpatient Program
Crisis Residential Program
Criminal Justice Program
Crisis Intervention
Suicide Prevention

Community Resources

Montgomery County Intermediate Unit (MCIU)

2 W. Lafayette St.
Norristown, PA 19401
610-755-9400
Website: www.mciu.org

Montgomery County Intermediate Unit is one of 29 Intermediate Units formed by the Pennsylvania State Legislature in 1971 to provide support to local school districts.

Today, the Montgomery County Intermediate Unit provides a vast array of effective and efficient services that meet the educational and social service needs of Montgomery County's 200-plus schools, including the 22 public school districts, more than 150 nonpublic schools, four career-technical schools, three charter schools and the Pennsylvania Department of Education. Montgomery County Intermediate Unit services are provided through nine offices: Business Services; Community and Government Relations; Executive Director; Human Resources; Non-public School Services; Professional Learning; PaTTAN; Technology; Student Services.

Community Resources

Montgomery County Office of Drugs and Alcohol Programs

Human Services Center
1430 DeKalb St, Box 311
Norristown, PA 19404
(610) 278-3642
Fax: 610-278-3997

Office of Drug & Alcohol
Montgomery County Department of Health & Human Services
P.O. Box 311
Norristown, PA. 19404-0311
Website:
<https://www.montcopa.org/1339/Drug-Alcohol>

Hours: 8:00 AM - 4:30 PM
Monday - Friday

The Office of Drug and Alcohol is committed to the prevention and treatment of substance abuse problems in Montgomery County. Services are delivered in partnership with qualified providers and are guided by a philosophy that embraces hope, respect, and support for recovery.

[Prevention](#) and [intervention](#) services are provided to the community at large regardless of personal income.

[Treatment](#) services require a comprehensive clinical and financial assessment. Trained Case Managers perform these assessments in order to determine the most appropriate funding resource and level of care, and to find the provider best suited to meet an individual's treatment needs.

[Recovery support](#) services are non-clinical services that assist individuals and their family members to recover from substance use disorders. These services are supplemental to a treatment program and focus on outreach, engagement, education and other strategies to assist individuals in engaging, maintaining and sustaining long-term recovery. Recovery Support Services are also available to [family members](#) of individuals in various stages of recovery, through the utilization of Certified Family Recovery Specialist services and/or parent support groups.

Community Resources

Montgomery County Office of Public Health

1430 DeKalb St.
Norristown, PA 19401
610-278-5117
Email: publichealth@montcopa.org

Website: www.montcopa.org/513/health-department

Norristown Health Center
1430 DeKalb St.
Norristown, PA 19401
610-278-5145

Pottstown Health Center
364 King St.
Pottstown, PA 19464
610-970-5040

Willow Grove Health Center
102 York Rd., Suite 401
Willow Grove, PA 19090
215-784-5415

The Office of Public Health protects the public's health by permitting, licensing and inspecting various types of establishments open to the public. The Department operates clinics that provide immunizations, testing for childhood lead poisoning, HIV, sexually transmitted diseases (STD) and tuberculosis (TB), and treatment for STD and TB. Additional services provide breast and cervical cancer screenings, home visits for pregnant and new moms, car seat safety checks, and educational programs.

Community Resources

Montgomery County OIC

1101 Arch St.

Norristown, PA 19401

610-279-9700

Website: www.montcooic.org

Email: info@montcooic.org

Montgomery County OIC is a non-profit community-based organization that has been meeting the needs of the economically disadvantaged individuals throughout the community.

Adult Programs

Career Readiness Training

Customer Service Training

English as a Second Language

GED/ABE Literacy

Forklift I-V Training

Pre-Apprenticeship Program

Spanish in the Workplace

Youth Programs

Camp Xtreme Summer Program

The Norristown Project

Spring Break College Tour

Toys for Tots

Xtreme Learning Center

Community Resources

Nationalities Service Center

1216 Arch St., 4th Floor
Philadelphia, PA 19107
215-893-8400
Website: www.nscphila.org
Email: help@nscphila.org

Nationalities Service Center is Philadelphia's leading immigrant and refugee service organization empowering immigrants to thrive in our communities and pursue a just future. Here at Nationalities Service Center (NSC), we believe that immigrants and refugees are a critical part of the fabric of life in the United States, and it is our vision that all immigrants and refugees achieve a life of dignity, safety, stability, sustainable opportunities and meaningful connections to their communities. To this end, NSC provides comprehensive services to immigrants and refugees, including legal protections, community integration, access to health and wellness services, and opportunities to achieve English language proficiency. Our dedicated staff are committed to ensuring that each of our clients receives high-quality holistic care and work together to refer clients to internal and external services based on the individual's needs.

Norristown Hospitality Center

530 Church St.
Norristown, PA 19401
610-277-1321
Website: www.hospitalitycenter.org

The Hospitality Center was created from true and simple love for people. It is a home during the day for anyone who otherwise would be left hungry, weary or living on the streets.

Motivated by God's love, the center provides basic needs and social services to empower those experiencing homelessness and poverty.

Services:

Basic Needs: Breakfast, Showers, Mail Services, Lockers, ID's

Social Services: Counseling, Case Management, Referrals to Housing, Mental Health, Rehab, Victim Services, Family Services, etc.

Job Readiness: Weekly Basic Computer Classes, Access to public computers for Job Search and Resume Prep

Health and Wellness: Medication Co-pays, Eyeglasses, Flu Shots

Weekly Groups: Women's Group, Life Skills Group, Cooking Classes, Art Therapy

All services are provided for free without appointment five days a week.

Community Resources

Norristown Regional Health Center

1401 DeKalb St.
Norristown, PA 19401
610-278-7787
Website: www.dvch.org

Delaware Valley Community Health, Inc. (DVCH) is a community focused health care organization providing affordable, accessible, primary medical and dental health care. Services are provided in a fiscally responsible manner to all patients regardless of their ability to pay.

We accept all insurances and patients will be eligible for DVCH's sliding fee discount Scale (SFDS), according to their income and family size. The SFDS PROGRAM is intended to minimize financial barriers to care for patients at or below 200 percent of the Federal Poverty Guidelines (FPG). A Schedule of Discounts is available to all patients who qualify based on their gross household income and family size.

PA Career Link

1855 New Hope St.
Norristown, PA 19401
610-270-3429
Email: ccuthbert@montcopa.org
Website: www.montcopa.org/2114/PA-CareerLink-Montgomery-County

PA CareerLink® Montgomery County, a proud partner of the American Job Center® Network, is your one-stop resource for employment and career advancement. Our team of Career Coaches and Business Service Representatives are on hand to assist job seekers and employers in Montgomery County.

PA CareerLink® online is designed to make job searching easier. The site pulls in job feeds from various websites to assist with job searches in a central location. Job seekers using PA CareerLink® online have a larger database to research opportunities. Referrals, applications, and job search activities are stored and can be easily accessed for compliance with the unemployment work-search mandate. To visit PA CareerLink® online, go to www.pacareerlink.pa.gov.

Community Resources

PA Immigrant and Citizen Coalition (PICC)

2100 Arch St., 4th Floor
Philadelphia, PA 19103
215-832-0636
Website: www.paimmigrant.org

The Pennsylvania Immigration and Citizenship Coalition (PICC) is a diverse coalition of over 60 member organizations and hundreds of individual supporters. Our membership includes community groups, social, health and legal service providers, advocacy organizations, labor unions, and faith communities. PICC plays a unique role as the only organization in Pennsylvania that brings together organizations and individuals representing different ethnicities, immigration statuses, faiths, and other backgrounds, to work collectively on immigrant rights in Pennsylvania.

PICC's mission is to advance immigrants' rights and promote immigrants' full integration into society by advocating with a unified voice for greater public understanding and welcoming public policies throughout Pennsylvania.

PhilaPOSH

3001 Walnut St, 5th Floor
Philadelphia, PA 19104
215-386-7000
Website: www.philaposh.org
Natalia Nicastro
Trainer
Email: nnicastro@philaposh.org

Since 1975 our mission has been "the prevention of injury, disease and death on the job through information, education, technical assistance and political action."

PhilaPOSH is the only organization in the Greater Philadelphia Area that makes worker safety and health the top priority.

Community Resources

Rambler

Greater Valley Forge Transportation Management Association

610-354-8899

Website: <https://www.umtownship.org/township-information/transportation/>

The purpose of the Rambler is to provide public transportation for residents to area shopping centers, malls, medical facilities, the Senior Center, and the Upper Merion Township Building. Each bus is wheelchair-accessible, and our drivers are certified to operate the lift mechanism.

The two bus routes operate from 9:00AM until 4:00PM, Monday through Saturday. The two routes each run east to west and back again. The base fare for a one-way trip is \$2, or you can purchase a 10-trip ticket for \$10. Students ages of 7-17 ride for \$0.50 and children under the age of seven ride free when accompanied by an adult 18 years or older.

RSVP

901 E. 8th Ave.

King of Prussia, PA 19406

610-834-1040

Website: www.rsvpmc.org

RSVP improves the lives of vulnerable populations in the community by focusing on education and wellness and by supporting nonprofits through skill-based programs.

Education & Outreach

Preschool Literacy

Elementary Literacy

Adult Literacy

Mentoring

Virtual Tutoring

Community Development

Supporting Nonprofits

Nonprofit Education & Consulting

Support Services

Helping Seniors at Home

Counseling Seniors on Medicare

Community Resources

The Clinic

143 Church St.
Phoenixville, PA 19460
610-935-1134
Website: www.theclinicpa.org
Rosa Davila
Office Triage Coordinator
Email: rdavila@theclinicpa.org

The Clinic is a free medical 501(c)(3) nonprofit. Over the years, The Clinic has been recognized by many community and professional organizations for the dedication and quality of care provided by our staff and volunteers. We look ahead to the future and the ever-changing healthcare environment to be sure we continue to be a safety-net provider for medical care, treatment and diagnosis, serving the needs of our most vulnerable individuals and families in the area.

Upper Merion Township Library

175 West Valley Forge Road
King of Prussia, PA 19406
610-265-4805
Website: <https://www.umtownship.org/departments/library/>

Laura Arnhold
Library Director
610-265-4805 x 1316
Email: larnhold@mclinc.org

Any resident of Upper Merion Township is eligible to register for a free library card, renewable every 3 years. The Library will require identification containing the name and current mailing address of the applicant. Children under 18 years of age will be issued a library card with the signature and identification of a parent or legal guardian.

Community Resources

Victim Services of Montgomery County (VSC)

325 Swede St., 2nd Floor
Norristown, PA 19401
CRISIS HOTLINE: 1-888-521-0983
610-277-0932
Website : www.vscmontcopa.org

Victim Services Center (VSC) is a non-profit organization located in Montgomery County, Pennsylvania that provides free and confidential comprehensive support services to crime victims, their families and significant others; prevention education and risk reduction programs, and training to the professionals who work with the victims of these crimes.

All services are provided free of charge to those who request assistance.

Counseling

Individual Counseling
Crisis Counseling
Support Groups
Child Sexual Abuse Treatment Program
Family Treatment Program

Advocacy

Hospital Accompaniment
Court Accompaniment
Police Accompaniment
Information & Referral
Assistance with Victim Impact Statements
Assistance with Victim's Compensation Claims
Assistance with Crime Victims Notification

Education

Safety Rangers Program (PK-5th grade)
Community Awareness (College, Community & Professional Training)

Legal Services

PFA's
Divorce & custody
Immigration
Sexual Harassment
School-based issues
Housing Issues

Community Resources

Visiting Nurses Association

1421 Highland Ave.
Abington, PA 19001
215-572-7880
Website: www.vnacs.org
1109 DeKalb St.
Norristown, PA 19401
Email: info@vnacs.org

The mission of VNA is to support the integrity and independence of vulnerable individuals and families in the community. The agency's goals are to identify and respond to unmet health and social service needs, to work cooperatively in the greater community, to use resources wisely and to make a clear and direct difference in the lives of people served with intervention that will increase capacity, self-esteem and self-sufficiency.

Women's Bridge Resource Center

P.O. Box 587
Eagleville, PA 19403
610-761-1707
Website: www.womensbridgecenter.org
Email: wbrc9407@gmail.com

We help women in crisis or transition achieve financial security, find adequate housing, obtain sustainable employment, and gain emotional stability.

Women's Bridge Resource Center (WBRC) is a 501 (c)(3) non-profit organization founded in 2007 by a group of ten individuals whose passion was to help women and their families in need.

Community Resources

Women's Center of Montgomery County

Website: www.wcmontco.org

Email: wcwebmail@womenscentermc.org

HOTLINE: 800-773-2424

Elkins Park: 215-635-7344

Norristown: 610-279-1548

Pottstown: 610-970-7363

Bryn Mawr: 610-525-1427

Colmar: 215-996-0721

Lansdale/Abington: 215-853-8060

Holy Redeemer Hospital: 215-938-3711

Services:

Domestic Violence Crisis Services

Domestic Violence Support Group

Medical Advocacy Project

Elder Abuse

Community Education

LGBTQIA+ Services

Women's Resource Center

113 W. Wayne Ave.

Wayne, PA 19087

610-687-6391

Website: www.womensresourcecenter.net

Email: info@womensrc.org

The mission of Women's Resource Center is to help women and girls successfully navigate life's transitions and inspire others to do the same. By providing resources, tools and support for today, we create hope for tomorrow.

The WRC offers programs based on needs it identifies in the community. Our current programs include:

Information & Referral

Legal Services

Counseling

Girls' Lead

The WRC serves Southeastern, PA including Philadelphia, Montgomery, Chester, Bucks, and Delaware counties.

Community Resources

YMCA

North Penn

2506 N. Broad Street, Colmar

(215) 368-9622

<https://www.northpennymca.org/>

Pottstown (Women's Center)

315 E. King Street, Pottstown

(610) 323-1888

<https://philaymca.org/locations/pottstown/>

Ambler

400 N Bethlehem Pike, Ambler

(215) 628-9950

<https://philaymca.org/locations/ambler/>

Freedom Valley

2460 Blvd of the Generals, West Norriton

(610) 539-9190

<https://philaymca.org/locations/audubon/>

Abington

1073 Old York Road, Abington

(215) 884-9622

Main Line

100 Saint Georges Road, Ardmore

(610) 649-0700

The Y is one of the nation's leading nonprofits strengthening communities through youth development, healthy living and social responsibility. Throughout the Delaware Valley, we serve more than 160,000 members and 240,000 individuals a year- regardless of age, income or background- to nurture the potential of children and teens, improve the nation's health and well-being, and provide opportunities to give back and support neighbors.

We offer a wide range of programs for children, teens, adults, and seniors including:

Swim lessons & water safety programs

Sports Leagues

Gymnastics

Group Exercise Classes & Personal Training

Nutrition Counseling

Child Care & Babysitting

Day & Overnight Camps

Youth & Teen Leadership programs

Community Events & Volunteer opportunities